

Dear Covenant Student,

We know this is an exciting time as you prepare to come to Covenant to start your college career. We also know it can be a stressful time. That is why we want you to know about the Priesthill Center. The Priesthill Center, located on the second floor of Carter Hall, is comprised of Health Services and Counseling Services offices. Both offices serve under the supervision of the Student Development department and work closely with the Residence Life staff in the residence halls.

Because your success as a student is often tied to your health, we eagerly offer ourselves as a resource toward strengthening your physical, emotional and spiritual needs. We do this by providing services to help students focus on staying healthy in mind and body. Throughout the school year, the Priesthill Center addresses pertinent health issues by offering opportunities like health screenings and personal counseling. We also provide relevant educational literature, addressing issues such as healthy eating habits, the benefits of regular exercise, study skills, time management, and more. You are encouraged to take care of yourself before a need begins to interfere with your academic or social experience.

Health Services staff consists of one registered nurse and a receptionist who are in the office Monday through Friday, 8:00 a.m. – 4:30 p.m. Our consulting physician's office is 5 minutes from campus and is open Monday through Saturday. Appointments can be made to see him through the Health Services office. If you have not already done so, please fax a copy of the front and back of your insurance card to 706-820-2933 so that it can be on file with Health Services. We are here to help you when you are ill or need advice about a physical problem. Over the counter medications are available in Health Services at no extra cost to you.

In order to better meet your needs, Health Services requires you to complete a "Report of Medical History" form, including dates of certain immunizations and your health insurance information. You may have already sent this in to our office. If you have not, please send this in as soon as possible. In order to register for classes during orientation, we *must* have this form!

If you need help, encouragement, or direction in your college experience, the Counseling Services office is available to help. Counseling provided at Covenant College is focused on helping the student address today's academic and social challenges with Biblical truth, sound wisdom, and confidence. Students may individually request or be referred by faculty and staff to receive personal and confidential counseling at no cost. Professional counselors are available Monday through Friday and are able to address a wide range of issues, such as anxiety, depression, eating disorders, stress, career paths, relationships and learning disorders.

As you begin this big transition, please know that the Priesthill Center is here to help, support and encourage this process all the way. If you have questions or concerns, please contact our offices and we will be eager to help in any way we can. We look forward to seeing you in August.

In Christ,

Barbara Michal, RN
Director of Health Services